

**WHOLE-GRAIN MORNINGS: NEW BREAKFAST RECIPES
TO SPAN THE SEASONS**

Heather Shreffler

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Whole-Grain Mornings: New Breakfast Recipes to Span the Seasons by Megan Gordon

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This is going on the pantry staple list for sure. Basically every recipe I've done 3 so far have been a home runs. Rutabaga on August 25, As noted in the recipe introduction, this comes together with berries, mangos, or apples would be a good, fresh-tasting accompaniment, or even pomegranate seeds when in season. Because you're eating healthy. Eat Your Book has indexed recipes from leading cookbooks and magazines as well. On October 14, I finally got around to making steel cut oats, and my only regret is not trying them sooner.